M: Service Descriptions

The following service descriptions were adapted from the FY 2018 Provider Manual for Community Behavioral Health Providers produced by the Georgia Department of Behavioral Health and Developmental Disabilities, which can be found at http://dbhdd.org/files/Provider-Manual-BH.pdf.

Behavioral Health Assessment

Consists of a face-to-face comprehensive clinical assessment with an individual, which must include the youth’s perspective as a full partner and should include family/responsible caregiver(s) and others significant in the youth’s life as well as collateral agencies/treatment providers. The purpose of the behavioral health assessment is to gather all information needed to determine the youth’s problems, symptoms, strengths, needs, abilities, resources, and preferences, to develop a social and medical history, to determine functional level and degree of ability versus disability, if necessary, to assess trauma history and status, and to engage with collateral contacts for other assessment information.

Community Based Inpatient Psychiatric and Substance Detoxification

A short-term stay in a licensed and accredited community-based hospital for the treatment or rehabilitation of a psychiatric and/or substance related disorder.

Community Transition Planning

A service provided to address the care, service, and support needs of youth to ensure a coordinated plan of transition from a qualifying facility to the community.

Community Support

Consists of rehabilitative, environmental support and resource coordination considered essential to assist a youth/family in gaining access to necessary services and in creating environments that promote resiliency and support the emotional and functional growth and development of the youth.

Crisis Intervention

Services directed toward the support of a child who is experiencing an abrupt and substantial change in behavior which is usually associated with a precipitating situation and which is in the direction of severe impairment of functioning or a marked increase in personal distress. Crisis intervention is designed to prevent out-of-home placement or hospitalization.

Crisis Stabilization

A residential alternative to or diversion from inpatient hospitalization, offering psychiatric stabilization and withdrawal management services.

Diagnostic Assessment

Includes a history; mental status exam; evaluation and assessment of physiological phenomena; psychiatric diagnostic evaluation; screening and/or assessment of withdrawal symptoms for youth with substance-related diagnoses; assessment of the appropriateness of initiating or continuing services; and a disposition.
**Family Counseling**

Provides systematic interactions between the individual staff, and the individual’s family members directed toward the restoration, development, enhancement or maintenance of functioning of the identified individual/family unit. This may include specific clinical interactions/activities to enhance family roles, relationships, communication, and functioning that promote the resiliency of the individual/family unit.

**Family Training**

Provides systematic interactions between the individual staff, and the individual’s family members directed toward the restoration, development, enhancement or maintenance of functioning of the identified individual/family unit. This may include support of the family, as well as training and specific activities to enhance the family roles, relationships, communications, and functioning that promote the resiliency of the individual/family unit.

**Group Counseling**

A therapeutic intervention or counseling service shown to be successful with identified populations, diagnoses and service needs. Services are directed toward achievement of specific goals defined by the youth and by the parent(s)/responsible caregiver(s) and specified in the Individualized Resiliency Plan.

**Group Training**

A therapeutic interaction shown to be successful with identified populations, diagnoses and service needs. Services are directed toward achievement of specific goals defined by the youth and by the parent(s)/responsible caregiver(s) and specified in the Individualized Resiliency Plan.

**Individual Counseling**

A therapeutic intervention or counseling service shown to be successful with identified youth populations, diagnoses and service needs, provided by a qualified clinician. Techniques employed involve the principles, methods and procedures of counseling that assist the youth in identifying and resolving personal, social, vocational, intrapersonal and interpersonal concerns.

**Intensive Family Intervention**

A service intended to improve family functioning by clinically stabilizing the living arrangement, promoting reunification, or preventing the utilization of out-of-home therapeutic venues for the identified youth.

**Medication Administration**

Includes the act of introducing a drug (any chemical substance that, when absorbed into the body of a living organism, alters normal bodily function) into the body of another person by any number of routes.

**Nursing Assessment and Care**

Consists of face-to-face contact with the youth/family/caregiver to monitor, evaluate, assess, and/or carry out orders of appropriate medical staff in regards to the psychological and/or physical problems and general wellness of the youth.
**Peer Support Individual**

A strengths-based rehabilitative service provided to youth living with a mental health, substance use, and/or co-occurring condition. This service uses lived experience as a tool for intervention and is expected to increase the targeted youth’s capacity to function and thrive within their home, school, and community of choice.

**Peer Support Parent**

A strengths-based rehabilitative service provided to parents/caregivers that is expected to increase the youth/family’s capacity to function within their home, school, and community while promoting recovery.

**Peer Support Whole Health**

A one-to-one service that assists the individual with setting his/her personal expectations, introducing health objectives, as an approach to accomplishing overall life goals, helping identify personal and meaningful motivation, and health/wellness self-management.

**Psychiatric Treatment**

The provision of specialized medical and/or psychiatric services that include psychotherapeutic services with medical evaluation and management; assessment and monitoring of a youth’s status in relation to treatment with medication; and assessment of the appropriateness of initiating or continuing services.

**Psychological Testing**

Consists of face-to-face assessment of emotional functioning, personality, cognitive functioning, or intellectual abilities using an objective and standardized tool that has uniform procedures for administration and scoring and utilizes normative data upon which interpretation of results is based.

**Service Plan Development**

Development of an Individualized Recovery/Resiliency Plan that supports resilience and that is based on goals identified by the individual with parent(s)/responsible caregiver(s) involvement.

**Structured Residential Supports**

Comprehensive rehabilitative services to aid youth in developing daily living skills, interpersonal skills, and behavior management skills; and to enable youth to learn and manage symptoms; and aggressively improve functioning/behavior due to serious emotional disturbance, substance abuse, and/or co-occurring disorders. This service provides support and assistance to youth and caregivers to identify, monitor, and manage symptoms; enhance participation in group living and community activities; and develop positive personal and interpersonal skills and behaviors to meet the youth’s developmental needs as impacted by his/her behavioral health issues.

**Substance Abuse Intensive Outpatient Program**

A time limited multi-faceted approach to treatment and recovery service for adolescents who require structure and support to promote resiliency and achieve and sustain recovery from substance related disorders.