H: Profession Definitions

**Child and Adolescent Psychiatrist (CAP)**

Child and Adolescent Psychiatrists are physicians who specialize in the diagnosis and treatment of disorders of thinking, feeling and/or behavior affecting children, adolescents, and their families. A child and adolescent psychiatrist offers families the advantages of a medical education, the medical traditions of professional ethics, and medical responsibility for providing comprehensive care.

**Pediatrician (Ped)**

Pediatricians are medical doctors concerned with the physical, mental, and social health of children from birth to young adulthood. Pediatrics encompasses a broad spectrum of health services ranging from preventive health care to the diagnosis and treatment of acute and chronic diseases. Pediatrics is a discipline that deals with biological, social, and environmental influences on the developing child and with the impact of disease and dysfunction on development.

**Psychologist (Psych)**

Psychologists apply scientific knowledge to help people, organizations, and communities function better. Psychologists study both normal and abnormal functioning and treat patients with mental and emotional problems. They also study and encourage behaviors that build wellness and emotional resilience.

**Psychiatric Nurse (Psych Nurse)**

Psychiatric Nurses are specialized nurses who work with individuals, families, groups, and communities to assess their mental health needs. They focus on the assessment, diagnosis, and treatment of individuals and families with psychiatric disorders or the potential for such disorders.

**Licensed Clinical Social Workers (LCSW) and Licensed Master’s Social Workers (LMSW)**

Social Workers help individuals, families, groups, and communities to enhance or restore their capacity for functioning.

**Licensed Professional Counselors (LPC) and Associate Professional Counselors (APC)**

Professional Counselors evaluate and treat individuals and families with cognitive, behavioral, or affective emotional and mental problems and conditions.

**Licensed Marriage and Family Therapists (LMFT) and Associate Marriage and Family Therapists (AMFT)**

Marriage and Family Therapists evaluate, diagnose, and treat emotional and mental problems or conditions within the context of marital and family systems.