

Research shows Farm and School initiatives improve children's health and nutrition. Most of these programs start in K-12 school districts, but we can reach children earlier with Farm to Early Care and Education.

Farm to Early Care and Education activities have been shown to:



Increase

- Fruit and vegetable consumption, some of which may increase vitamin A, C, and E intake
- Healthy food consumption at home
- Willingness to try new foods
- Motor skills
- Life skills, social skills, and self-esteem
- Physical activity



Decrease

- Diet-related diseases among children
- Screen time
- Consumption of unhealthy foods and sodas

Strategies that Work



Parent education and engagement



Meal planning and preparation



Curriculum where kids touch and taste food



Gardening with children



Fruit and vegetable boxes

Agriculture and Georgia's Economy

Farm to ECE can have a significant positive impact on the state's economy.

Agriculture is the **#1** industry in Georgia.

That's approximately

\$73.3 BILLION

contributed to the state's economy.

In 2017, there were **392,400** agriculture jobs in Georgia.



That's **1** in **7** Georgians.

In 2017, farms covered **9.95 million** acres in Georgia.



That's **25%** of all the land in Georgia.