E-cigarettes are electronic devices that heat a liquid and produce an aerosol or mix of small particles in the air for people to inhale. E-cigarette aerosol usually contains nicotine, flavorings and other chemicals.¹

**FACTS ABOUT E-CIGARETTES AND E-CIGARETTE USE**

Using nicotine in adolescence can harm the parts of the brain that control attention, learning, mood, and impulse control.¹

Young people who use e-cigarettes are more likely to smoke cigarettes in the future.¹

E-cigarettes are known by many different names. They are sometimes called “e-cigs,” “e-hookahs,” “mods,” “vape pens,” “vapes,” “tank systems,” and “electronic delivery systems.”¹

**Using an e-cigarette is sometimes called vaping or JUULing.¹**

JUUL is a brand of e-cigarette. A single JUUL pod (the liquid nicotine refill) contains as much nicotine as a pack of 20 regular cigarettes.¹

**NATIONAL TRENDS**

![5.3 million](image)

6th to 12 grade students used e-cigarettes in 2019, up from 3.6 million in 2018³

1 in 10 middle school students reported in 2019 that they used e-cigarettes within the past 30 days³

More than 1 in every 4 high school students reported they used e-cigarettes in the past 30 days³

**GEORGIA TRENDS**

1 in 4 Georgia high school students reported that they had ever used e-cigarettes⁴

Among Georgia high school students:

- 3.4% were daily e-cigarette smokers⁵

- 12.7% say they have smoked within the last 30 days.⁵ Of these:
  - 17.5% are white
  - 6.1% of black students

- Males are twice as likely to smoke e-cigarettes⁵

E-cigarettes are more popular among Georgia high school youth than other types of tobacco and have inspired more overall youth tobacco use as well.⁴,⁵

www.georgiavoices.org
E-CIGARETTE PREFERENCE AMONG GEORGIA HIGH SCHOOL STUDENTS

- **18.3%** Rechargeable; refillable; or tank e-cigarettes
- **3.5%** Disposable
- **4.4%** Both

HOW YOUTH ARE ACQUIRING AND USING E-CIGARETTES

**Nearly 80%** say a friend or family member is a reason why they started to vape.

84% are purchasing e-cigarettes at a gas station or convenience store.

Among high school students who use e-cigarettes:

- **10.6%** Nicotine Only
- **8.6%** Marijuana, THC or Hash Oil, or THC wax

HIGH SCHOOL STUDENTS’ PERCEPTIONS

- **One in four** believes e-cigarettes were more acceptable in society than cigarettes.
- **Almost a third** reported that they believed e-cigarettes were less harmful than cigarettes.
- **26.6%** reported that they believed e-cigarettes are less addictive than cigarettes.

Sources: [https://tinyurl.com/ECigsVaping2020](https://tinyurl.com/ECigsVaping2020)